

BROADWAY HOUSE FOR CONTINUING CARE

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WINTER NEWSLETTER: December, January, February



Meet the Broadway House Quality Team

Effective Quality Assurance Performance Improvement (QAPI) programs are critical to improving the quality of life, and quality of care services delivered in nursing homes. Broadway House has a Quality team to review and ensure standards of care by identifying and correcting deficiencies, and promoting and sustaining performance improvement. In addition, our facility has a comprehensive approach to quality management that is data-driven and proactive. The Quality Team focuses on continuously improving qualities of life, care, and services provided to our residents.

Broadway House Teams Up



Broadway House for Continuing Care has partnered with the Care Associates Network (CARE). As the largest healthcare provider network in New Jersey, CARE consists of independently owned Skilled Nursing, Assisted Living and Medical Care Centers providing comprehensive services throughout the State. This new partnership validates Broadway House's commitment to providing excellent quality service with focus on a continuous improvement process.

As a CARE Provider Broadway House meets and exceeds mandatory standards set forth by the New Jersey Department of Health and Senior Services. To attain this level of achievement, nursing homes must satisfy at least 90 percent of the advisory standards that are not required by Department of Health Surveyors to obtain and maintain licensure as long-term care facility.

Since opening its doors in 1995, Broadway House for Continuing Care has been home to hundreds of men and women living with HIV/AIDS. Broadway House recently announced the opening of New Beginnings, an independent unit that offers sub-acute rehabilitation, therapy, and healthcare services to the general population. Broadway House and New Beginnings are employers to the most experienced and knowledgeable caregivers in New Jersey. Participation in the Care Associates Network emphasizes the staff's commitment to treating the whole person, not just the disease.

Holiday Blues

The holiday season offers many opportunities to spend quality time with family and friends. If you are the family member of a loved one in a nursing home, you may observe a change in their mood or behavior during the holidays. You may notice unusual signs of fatigue or sadness or perhaps limited interest in the holiday season.

The winter holiday season (and the colder months which accompany it) can intensify feelings of sadness. Most often it is not the holiday itself that cause these types of emotions among individuals, rather the fact that the holidays tend to bring memories of earlier, perhaps happier times.

How Can You Shake-off the Blues?

As the family member of a depressed person, make it your responsibility to get involved. The person generally denies any problems or may fear being mentally ill, which can make it that much harder to know if the person is having any issues. You can help the person feel the magic of the season and feel loved by including them in general activities such as:

- Making holiday cookies - Including distributing them to neighbors, family and friends.
- Church Activities - If you or the person is a church goer, churches are filled with holiday activities. Many church groups and volunteers schedule visits to Broadway House during the holiday season.
- Shopping - Holiday shopping can be time consuming, but it's always nice to have a companion. Encourage your loved one to sign-up for holiday shopping outings through the Activities department.
- Decorating - Your loved can assist in decorating the facility for the holidays. You can also become involved by helping your loved one decorating their room.
- Holiday Parties - Encourage your loved one to attend holiday parties scheduled all throughout the month.
- Exercise - Encourage your loved one to attend activities that requires simple physical movement. Exercise to Music and Chair Chi. For example.

There are many activities and opportunities for residents to engage in to prevent the blues. Take a look at the activity calendar and join us. Also, please reach out to any of the staff if you feel stressed or depressed. You're not alone and Broadway House staff is here to help you through it.

Christmas at Broadway House

Santa Clause's elves paid a visit to Broadway House residents on Christmas Day once again. Each Resident received a large gift bag containing a variety of items, such as sweat-suits, winter gear, and accessories among other things. The elves couldn't have made this possible without the contributions of volunteers, church groups, and individuals who are committed to making this a very special time of year for our residents. **THANK YOU!**



HOLIDAY EVENTS RECAP



New Beginning's Christmas Party

New Beginnings, a homegrown ministry of Hawthorne Gospel Church, hosted their 20th annual Christmas party for Broadway House residents. As usual, the parishioners provided each resident with gifts and treats, and a live band filled the activity room with music.

Vendor Hosts Holiday Party

Generation Pharmacy, Broadway House's pharmaceutical vendor, hosted their annual Christmas party for residents and staff on Christmas Day. Generation pharmacy representatives ordered enough Chinese food to feed all three shifts and served those in attendance personally. Residents and staff enjoyed a delicious meal with the sound of holiday music playing in the Activity Room.

New Year's Eve Festivities



Broadway House prepared to greet the new year with a New Year's Eve party. Thanks to the generous contribution of Phyllis Colleran, volunteer and facilitator of Game Time with Phyllis, residents enjoyed a pizza party and live entertainment.



UPCOMING HIGHLIGHTS

Look forward to Chocolate Social in honor of Chocolate Cake Day in January.

In February, Broadway House will honor Black History Month with Black History programs during Empowerment every Sunday. Look forward to celebrating Valentine's Day with a Drive-In Movie experience.

New Admissions Management



Please join us in welcoming Ms. Adrianna Guzman to Broadway House as our new Director of Care Coordination and Admissions. Ms. Guzman is a Licensed Practicing Nurse with over 10 years of experience working in health care settings. In the past, Ms. Guzman has worked in well-established organizations, such as Care One, Bayada Home Healthcare, and Regent Care. Ms. Guzman's experience and background are an excellent fit for Broadway House.

Connect Via

Advances in computer technology are improving home health care by leaps and bounds, making your loved ones happier. Video chatting affords residents the opportunity to see family and friends who live too far to visit. Search **Broadway House for Continuing Care on Skype** to submit a request to connect. For more information contact, Nestor Beard at beardna@uhnj.org.

Satisfaction Survey

Broadway House is committed to receiving, reviewing, and evaluating feedback from patients, their families and other loved ones. During your next visit, please ask the receptionist for a satisfaction survey. We are interested in knowing how we can better serve your needs.



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